

# ARCHETYPE IDENTIFICATION FORM



Where would you rank each archetype in regard to how active is the archetype in your life? Use the following scale to rank how “active” the archetype is in your life story. We are trying to measure how “comfortable” you are exhibiting the characteristics of the archetype as you hear it described in this session.

Would you rank the archetype:

**High** (very comfortable for you to exhibit the characteristics of the archetype and very active in your life story)

**Medium** (somewhat comfortable for you to exhibit the characteristics of the archetype and only moderately active in your life story)

**Low** (you would be very uncomfortable exhibiting the characteristics of the archetype and see little or no activity of it in your life story)

Draw an arrow across the chart to indicate how active the archetype is in your life.



The 12 ARCHETYPES (6 PAIRS)	LOW - Not very active in my life	MEDIUM - Somewhat active in my life	HIGH - Very active in my life	Rank them 1-12
W _____				
C _____				
In _____ (Id _____)				
O _____ (R _____)				
S _____				
L _____				
D _____ (R _____)				
C _____				
R _____				
M _____				
S _____				
J _____				

Archetype	More of ...	Less of ...	Start doing ...	Stop doing ...
W_____				
C_____				
In_____ (Id_____)				
O_____ (R_____)				
S_____				
L_____				
D_____ (R_____)				
C_____				
R_____				
M_____				
S_____				
J_____				